

# GLOOP! WITH NANCY NECTARINE



## WHAT YOU'LL NEED:

- 2 cups cornflour
- 1 cup of water
- Food colouring
- A large container or bowl
- tray or wipeable surface



## HOW TO MAKE IT:

1. Place your large container/bowl into the tray or onto a wipeable surface.
2. Place the cornflour into a large container and add a few drops of food colouring to the centre. Get your child to pour the water on top of the cornflour and colouring mixture.
3. Encourage your child to touch the contents before it's mixed so they can feel the lumps and changes in the texture as the contents is mixed into a smoother paste.

## NANCY'S TOP TIPS:

- Talk to your child about what it feels like to poke, and squeeze it, as this can help them develop language around textures.
- Add a selection of items from the kitchen to the gloop for your child to play with e.g. mixing spoons, cookie cutters, cups.
- Once your child is familiar with the texture, try adding new textures like flower petals or leaves.

