

MOONSAND WITH NANCY NECTARINE



WHAT YOU'LL NEED:

- 2 cups cornflour
- ½ cup vegetable or sunflower oil
- large bowl or container
- food colouring (optional)



HOW TO MAKE IT:

1. Put the flour in a bowl, then slowly stir in the oil and food colouring (if using).
2. Rub the oil and colouring through the flour with your fingertips until the mixture feels sandy and all the oil is incorporated. The consistency should be dry, shape-able clay that crumbles fairly easily when squeezed. If it's too dry (crumbly) add a few more drops of oil. If too soft, add a bit more flour.

NANCY'S TOP TIPS:

- Talk to your child about what it feels like to poke, and squeeze it, as this can help them develop language around textures.
- Add a selection of items from the kitchen to the moonsand for your child to play with e.g. mixing spoons, cookie cutters, cups.
- Once your child is familiar with the texture, try adding new textures like flower petals or leaves .

