

SENSORY BOX WITH OLA ORANGE



WHAT YOU'LL NEED:

- A box with a lid e.g. empty shoebox
- Scissors (remember to always supervise your child with scissors).
- Household items of different textures small enough to fit in the box e.g. sponge, tennis ball, hair scrunchie, scarf (optional)



HOW WE DO IT:

1. Cut a hole in the lid of the box, large enough to be able to reach a hand in and remove objects.
2. Put the objects in the box and replace lid.
3. Take it in turns with your child to reach into the box and take out an item.
4. Talk about the item: what is it? What does it feel like? Is it...soft, sticky, fluffy, hard?



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